



Carolinan Rehabilitation
**ORTHOPAEDIC PHYSICAL THERAPY
CLINICAL RESIDENCY PROGRAM**

TO: Personal References

FROM: David Aiken, PT, COMT, OCS, ATC, Program Director

RE: Letter of Recommendation

APPLICANT NAME: _____

Please refer to the following list of **GENERIC ABILITIES** to guide your comments regarding the personal character and professional behavior of the applicant. Specific examples of your observations relative to professional behaviors are helpful. Your comments are a part of the above person's application to the Carolinas Rehabilitation Orthopaedic Physical Therapy Clinical Residency Program. Thank you for citing specific examples and contributing to the application process for future leaders of the physical therapy profession.

1. **Commitment to Learning:** The ability to self assess, self correct and self direct; identify needs and sources of learning; continually seek new knowledge and understanding.
2. **Interpersonal Skills:** The ability to interact effectively with patients, families, colleagues, other health care professionals and the community; deal effectively with cultural/ethnic diversity issues.
3. **Communication Skills:** The ability to communicate effectively (speaking, body language, reading, writing, listening) for varied audiences and purposes.
4. **Effective Use of Time and Resources:** The ability to obtain the maximum benefit from a minimum investment of time and resources.
5. **Use of Constructive Feedback:** The ability to identify sources of and seek out feedback; to effectively use and provide feedback for improving personal interaction.
6. **Problem Solving:** The ability to recognize and define problems, analyze data, develop and implement solutions, and evaluate outcomes.
7. **Professionalism:** The ability to exhibit appropriate professional conduct and to represent the profession effectively (attitude, demeanor and appearance appropriate for health care setting).
8. **Responsibility:** The ability to fulfill commitments and be accountable for actions and outcomes.
9. **Critical Thinking:** The ability to question logically; identify, generate and evaluate elements of logical argument; recognize and differentiate facts, illusions, assumptions and hidden assumptions; distinguish relevant from irrelevant.
10. **Stress Management:** The ability to identify sources of stress and to develop effective coping behaviors (ability to cope with illness & disability, pace, interactions, etc.)